

Shifting the Paradigm

REGENERATE 2030

**Resilience and Regenerative
Pathways Workshop**

THE CASE FOR BUILDING RESILIENCE



SHIFTING THE PARADIGM—REGENERATE 2030 FACILITATES:

“The most interesting and compelling workshop I have ever attended, it has definitely given our community something to think about”

John Booth - Mayor Carterton District Council

“Compelling, informative and essential for any community wanting to step into a resilient future”

Vanessa Van Uden—Mayor Queenstown Lakes District Council

“Captivating and informative, delivered with passion and knowledge, outlining current and future risks and opportunities.”

Dr Beat Huser - Waikato Regional Council

1. DELIVERING STRATEGIC AWARENESS AND CLARITY

Building resilience is often associated with natural disasters such as earthquakes, tsunamis, drought, fires, floods and other weather related events. While natural disasters do pose very real threats to communities and organisations, there are many other pressures facing our ever complex society. A 2019 Deloitte survey of over two thousand global business and public sector leaders found the top two challenges were climate change and resource scarcity. As the risks of the climate crisis and resource depletion rise each year organisations and communities will face ever increasing economic, social and environmental stresses. Hence, building local, regional and organisational resilience is of the utmost importance.

2. BUILDING PATHWAYS FOR THE FUTURE

Shifting the Paradigm – REGENERATE 2030 workshop takes a pragmatic approach to understanding the current risks and challenges. Climatic shifts, geopolitical events, resource constraints, declining net energy, ecological collapse, highly leveraged households and governments as well as volatile and interdependent financial systems, all make the case for building resilience increasingly compelling. By understanding these limitations, constraints and feedback loops we are better able to prepare and weather any threats or disruptions to systems, enabling us to move toward realistic solutions.

3. TRANSITIONING TO A LOW CARBON ECONOMY

This full-day workshop is designed to help attendees transition towards a low carbon economy. Moving away from an exploitive mind-set to a holistic and regenerative framework has many benefits. Increased yields, liveable and resilient communities, more efficient and sustainable use of resources and better environmental outcomes are but a few of the benefits of what a regenerative approach can deliver to communities, businesses and organisations.

SHIFTING THE PARADIGM - REGENERATE 2030



KEY LEARNING OUTCOMES

**UNDERSTAND BARRIERS
TO RESILIENCE AND HOW
TO OVERCOME THESE**

**UNDERSTAND THE RISKS,
CHALLENGES AND TRENDS
FOR THE COMING DECADES**

**LEARN THE PRINCIPLES
OF RESILIENCE AND
HOW TO APPLY THESE**

**UNDERSTAND THE IMPACT
OF CLIMATE RELATED RISKS
AND OTHER CONSTRAINTS**

**REVIEW CAPITAL
ALLOCATION AND
IDENTIFY POTENTIAL
STRANDED ASSETS**

**DEVELOP STRATEGIES
TO TRANSITION TO A
LOW CARBON FUTURE**

**DEVELOP ROBUST
AND RESILIENT FINANCIAL
STRATEGIES**

**MOVE TOWARDS
REGENERATIVE OUTCOMES
AND MODELS**

**REFRAME MESSAGING
AND COMMUNICATION
WITH RESILIENCE
IN MIND**

**IMPROVE
ORGANISATIONAL
CULTURE AND
DIVERSITY**

**BE A LEADER IN
RESILIENCE AND
REGENERATIVE
PRACTICES**

**BUILD REGENERATIVE
ENVIRONMENTAL AND
COMMUNITY OUTCOMES**

GUIDING PRINCIPLES AND PHILOSOPHY



RISK MANAGEMENT APPROACH

1. RISK

Many of the challenges we face as a species and society are rooted in poor decision making, biases and errors of judgement. Only by understanding the broader risks imposed by nature, our economic system and the laws of thermodynamics can we begin to move to a place of resiliency. By taking an objective risk management approach, we can move towards a more resilient model of thinking, living and responsibility.



BUILDING RESILIENCE

2. RESILIENCE

By examining the primary drivers of change and crucial trends we can develop and create real-world solutions which build resilience and move toward regenerative practices. Understanding the key principles and fundamentals of resilience is imperative in being able to develop real-world strategies that move toward building resilience. While it is one thing to bounce back from a disaster there is great power, freedom and benefits in being able to identify, plan and take positive action before any crisis occurs.



REGENERATE

3. REGENERATE

Regenerative models and systems help strengthen the health and vitality of ecosystems, communities and build new and diverse networks and connections. Moving away from an exploitative mind-set to a holistic and regenerative framework has many benefits. Increased yields, more liveable communities, better asset allocation, healthier outcomes for all intermediaries, more sustainable use of resources and better environmental outcomes are but a few of the benefits of regenerative whole-of-system approach to how our communities, businesses and organisations operate.

WORKSHOP MODULE OVERVIEW

MODULE 1

RESILIENT THINKING



Module 1 - facilitates shifting the thinking towards building personal, organisational and community resilience. It questions, why individuals, organisations, government and corporations make mistakes in the light of overwhelming evidence and data.

MODULE OUTCOMES:

- ⇒ Learn what the barriers to resilience are and why inertia exists when it comes to tackling complex problems
- ⇒ Understand why we make mistakes in the light of overwhelming evidence and data
- ⇒ Why changing our thinking is crucial for building a resilient future
- ⇒ Participants will learn how to identify barriers to change and be able to manage risk more effectively
- ⇒ PLUS much more

MODULE 2

A REALITY **KEY** CHECK



Module 2 - examines in detail the risks, challenges and trends which will increasingly impact communities, business and local and regional government authorities. This session unpacks the key drivers of change and explores the embedded complexity of a networked economy.

MODULE OUTCOMES:

- ⇒ Learn which trends will shape business, community and local government over the coming decades
- ⇒ Learn why understanding the three E's, (energy, economy and environment) are crucial for critically evaluating how to allocate capital into the future
- ⇒ Participants will be able to plan and make more informed investment and planning decisions based on the evidence presented
- ⇒ PLUS much more

MODULE 3

RESILIENT MINDSET

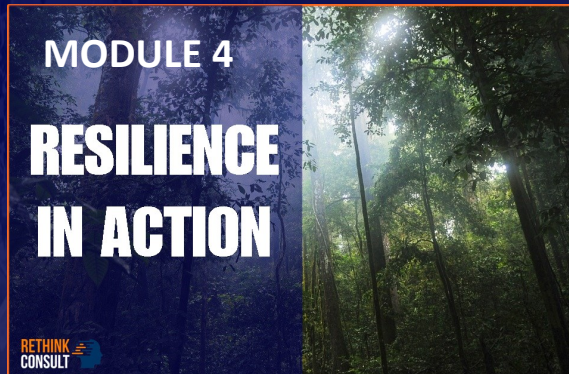


Module 3 - explores the fundamentals of resilience and how to apply these principles to build a resilient mindset. This session draws on a systems thinking approach, providing participants with the techniques and strategies to creatively redesign and plan for uncertainty.

MODULE OUTCOMES:

- ⇒ Learn the six key principles to help build resilience and be able to apply these to real-world challenges
- ⇒ Learn how to embrace a systems thinking approach to anticipate and respond to change
- ⇒ Participants will learn how to identify and test assumptions when making strategic decisions as to whether their actions fit the fundamental criteria of resilience
- ⇒ PLUS much more

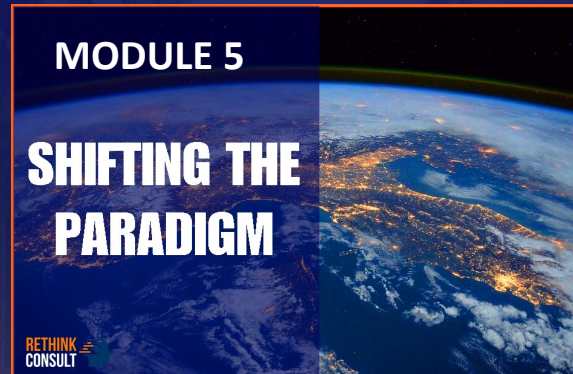
WORKSHOP MODULE OVERVIEW



Module 4 - highlights real-world examples of resilience in action from across the globe. Case studies are used to demonstrate how organisations and communities have reallocated capital and resources to reduce emissions and increase local resilience.

MODULE OUTCOMES:

- ⇒ Participants will learn the characteristics of community-driven climate resilience planning
- ⇒ Attendees will be challenged to question current initiatives and capital allocations for their organisation in light of the learnings
- ⇒ Participants will develop a resilience matrix which is applicable to their organisation or community
- ⇒ PLUS much more



Module 5 - explores how we can shift the thinking to maximise our communications to gain buy-in from constituents and other parties. Strategies employed by some of the leading experts on influence and communication help embed learning.

MODULE OUTCOMES:

- ⇒ Participants will learn the seven powerful steps to help 'shift the paradigm' and effect positive communication and change
- ⇒ Attendees will learn proven key strategies and skills to help trigger and motivate change
- ⇒ Participants will apply the principles learnt to their organisation or community to help shift the paradigm and instigate positive transformation
- ⇒ PLUS much more



Module 6 - examines regenerative functions which help strengthen the health and vitality of ecosystems, communities and organisations. A holistic approach on how we transition toward the design and development of more productive and regenerative models of living are outlined.

MODULE OUTCOMES:

- ⇒ Explores low carbon regenerative alternatives in food production, land use energy production, infrastructure, urban design, transport and materials management
- ⇒ Participants will brainstorm and generate strategies for moving their organisations and or communities towards regenerative solutions
- ⇒ PLUS much more

TAKE ACTION NOW - BOOK YOUR WORKSHOP FOR 2030



WORKSHOP FACILITATOR - ANDREW MARTIN

Andrew Martin is an independent analyst, author and Director of Rethink Consult. Andrew is author of Rethink...Your World, Your future ... and One - A Survival Guide for the Future... Andrew has written extensively about behavioural constraints and decision heuristics and how these impact the decisions we make on a daily basis. Before establishing Rethink Consult Andrew worked as a business improvement specialist in various roles in the corporate sector as well as working in the financial services sector with many of the world's leading investors and analysts.



Andrew is an energetic, knowledgeable and passionate presenter and facilitator. He takes a systems approach to exploring how to navigate the challenges ahead and uses evidence-based research to develop strategies and solutions for communities, organisations, and businesses. He works and collaborates with an extensive network of passionate, highly skilled people, from a wide range of capabilities who are leaders in their respective fields. He shares this shared knowledge and many years of research and experience with attendees in a fun, entertaining and informative manner.

WORKSHOP STRUCTURE AND INCLUSIONS

The full day workshop includes five modules. Each module is approximately 45 minutes in duration. Depending upon the priorities of your organisation or community, participants can choose between the six modules on offer with Module 2, (A Reality Check) and Module 5, (Shifting the Paradigm) included as core modules.

The full day workshop is inclusive of up to 15 participants. Larger numbers can be accommodated at a negotiated rate. Workshop participation includes comprehensive documentation of the day's activities, as well as a workshop debrief with the event organiser or coordinator either in person, by phone or online concluding the event. A comprehensive summary of the days activities and learnings are also collated and distributed to the participating organisation as a permanent record of learnings outcomes and strategies.

For information on availability and pricing

CALL 0432 009 867 or Email: andrew@rethink-consult.com

Shifting the Paradigm - **REGENERATE 2030** - Resilience and Regenerative Pathways Workshop - For more information contact Andrew on: 0432 009 867